

NEWSLETTER



WashakiePreventionCoalition@gmail.com

March, 2026

Lila Jolley, Suite 218.....307-347-9025
 Kassie Nolting, Suite 217307-347-2760
 Stacey Utterback, Suite 216307-347-9406
 801 Big Horn Ave. Worland - 2nd floor

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Stanford REACH Online Training:

7th Cannabis
 (and other drugs!)
 Awareness & Prevention
 Conference -
 April 22-23, 2026

You have the opportunity to attend for free through the WPC if interested please email sutterback@washakiecountywy.gov



See this icon in our newsletter? This means there is a clickable link available to view more information!

UPCOMING EVENTS



DRUG FREE COMMUNITY WALK

UPCOMING MEETING DATES

Washakie Prevention Coalition
[Community Center Conference Room]

Thursday, March 26, 2026 - Noon

Thursday, April 16, 2026 - Noon

Thursday, May 21, 2026 - Noon

Ten Sleep Task Force
[6:30 PM @ Ten Sleep Library]

Tuesday, April 7, 2026 - 6:30 PM

Tuesday, May 5, 2026 - 6:30 PM

HIGHLIGHTS

STRIVE: Students Taking Responsibility, Inspiring Vision and Empowerment

This school year, WPC is partnering with Worland High School to teach a Prevention and Leadership class during Friday Green Blocks.

The program gives students opportunities to build leadership skills, learn about making healthy choices, and contribute to a positive school culture. The class strengthens skills such as communication, teamwork,

decision-making, and peer mentorship.

Throughout the semester, WPC team members have been working with STRIVE students through interactive lessons focused on prevention education and leadership. By combining prevention education with leadership development, the program empowers students to serve as positive role models in their school and community.

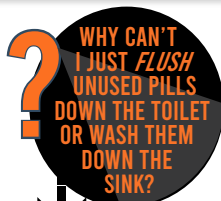


STRIVE students participating in team-building activities during the Leadership and prevention class.

SAFE DISPOSAL OF UNUSED PRESCRIPTION DRUGS IS SO IMPORTANT!

**Be Responsible
with your
Prescriptions!**

**Remember to store all
medications up and
out of sight with lids
tightly closed!**



DON'T FLUSH UNUSED PILLS DOWN THE TOILET, SINK, OR DRAIN!



Medications in pipes can damage your plumbing! Prescription drugs in our water systems, lakes and streams can have negative effects on humans, animals, and plants.



DON'T THROW UNUSED PILLS OR MEDICATION IN THE TRASH!



Prescription drugs in our landfills are affecting our environment in very negative ways. Animals or even humans can be exposed to deadly chemicals in our landfills.



DON'T CRUSH UNUSED PRESCRIPTION DRUGS!



Crushing any prescription can expose you and/or loved ones to harmful fumes or can provide a medium easier to ingest for children or pets.



DO PROPERLY DISPOSE OF UNUSED MEDICATIONS!

Unused prescriptions can allow for accidental poisoning or theft of Rx drugs. Drugs have an expiration date - when prescribed they are for a specific reason, you should never self medicate with rx drugs.

HIGHLIGHTS

DIVERSION

Kassie Nolting, our Diversion Program Director & DFC Project Coordinator, is excited to partner with Joe's Fly Fishing to offer a Youth Fly Tying Class!

This hands-on program will give youth the opportunity to learn the art of fly tying, build new skills, and connect with others who share an interest in the outdoors.

Program Dates:

March 4 – Fly Tying Session #1

March 18 – Fly Tying Session #2

Late Spring – Fly Fishing Trip

Participants will learn the fundamentals of tying flies and then put their new skills into action during a guided fly fishing trip.

Scholarships are available to ensure all interested youth can participate.

For more information on future opportunities or to register, please contact Kassie Nolting.



HIGHLIGHTS

PREVENTION NIGHT 2026

Prevention Night 2026 was held on Friday, January 23, at Worland High School. This annual event brought students, families, staff, and community members together for an evening focused on awareness, education, and celebration.

The primary goal of Prevention Night is to raise awareness about the importance of drug and alcohol prevention. Just as importantly, the event celebrates the positive choices the majority of Washakie County School District #1 students are making every day. By highlighting healthy decisions, strong leadership, and positive role models, Prevention Night reinforces a community-wide commitment to supporting students in making safe, responsible choices.



HIGHLIGHTS



Volunteer puts up a poster for Prevention night in a local business.

SPECIAL THANK YOU'S

Prevention Night 2026 was a resounding success thanks to the support, time, and dedication of so many individuals and groups. We are truly grateful for the teamwork that made this event such a meaningful evening for our students, families, and community. Thank you for supporting a positive future for our students.

Washakie County School District #1 Building Secretaries & Teachers

Thank you for distributing flyers and T-shirts and helping spread the word about Prevention Night. Your behind-the-scenes support made a big difference.

Warrior Cheer

Thank you for an outstanding halftime performance that brought energy and excitement to the evening.

Serlkay Printing

Thank you for printing our marketing materials and supporting our outreach efforts.

W-Designs (now Badlands Branding Co.)

Thank you for printing our Prevention Night T-shirts and bringing the design to life.

KT Dream Designs

We appreciate your help printing additional prevention T-shirts in support of our mission.

White Hawk Students

Thank you for volunteering to provide face painting and adding a fun element to the event.

To our many volunteers...

Thank you for volunteering your time to help make our event a success. We truly appreciate each and every one of you!

Washakie County School District #1 Principals & Administration

We appreciate your help with planning, promotion, and volunteering the night of the event. Your leadership and commitment to students are invaluable.



ABBY MARTINSON, Prevention Night Shirt Design

This year's T-shirt design was created by Abby Martinson.

Students in the high school Graphic Design class participated in a design competition, with each student submitting their own artwork.

There were some amazing entries! After careful consideration, Abby's design was selected as the winner. Congratulations and thank you, Abby, for your outstanding work!

TEN SLEEP NEWS

TENSLEEP CLASS LESSONS

During Ten Sleep Prevention Week, Lila Jolley visited elementary classrooms to share important lessons about making good choices. She engaged students in age-appropriate discussions about healthy decision-making, the importance of listening to trusted adults, and how everyday choices can impact their future.

Through interactive activities and conversation, students learned practical ways to handle peer pressure, show kindness, and make safe, responsible decisions both at school and at home. Her time in the classrooms helped reinforce positive habits early on and supported the overall goal of Prevention Week — empowering students to choose healthy, positive paths.



PREVENTION NIGHT TENSLEEP

Ten Sleep proudly hosted its annual Prevention Night White Out on February 6, 2026, bringing the community together for an evening dedicated to awareness, unity, and support for healthy choices. The event was a tremendous success, with strong attendance from students, families, educators, and community members.

KARINA RICE

Crisis Prevention & Response Center Executive Director



*Degrees:
AA in Psychology*

*Assets:
Bilingual
Spanish/ English*

My career with the Crisis Prevention and Response Center (CPRC) began in 2014 as an AmeriCorps member, and in July 2016, I transitioned into the role of Executive Director. CPRC serves individuals experiencing domestic violence, sexual assault, stalking, elder abuse, child abuse, and human trafficking. We provide a broad range of trauma-informed services including safety planning, crisis intervention, case management, primary prevention, and education.

Through strong collaborative efforts with the Washakie Prevention Coalition and other valued community partners, we work to ensure that service gaps are minimized and that individuals and families receive the comprehensive support they need.

On April 1, 2024, CPRC expanded its services to include Hot Springs County.

While the work can be challenging and emotionally demanding, it is deeply rewarding. I value the meaningful impact our organization has in helping individuals navigate their trauma, and we are extremely grateful to serve both of these wonderful communities. We look forward to continuing to build strong partnerships across multiple sectors to best meet the needs of our clients.

My husband and I are proud parents of three wonderful children — Alejandra (23), Ray (19), and Barrett (17). When we're not at work, you can usually find us in the bleachers cheering on the Worland Warriors at football and wrestling events. When sports seasons wind down, I love spending time in my garden or canning the fruits of my harvest. I also enjoy reading, traveling and spending quality time with friends and family.

MEMBER SPOTLIGHT

LILA JOLLEY

Youth Prevention Specialist, DFC Director



I grew up in Lovell, Wyoming, where small-town life and a love for the outdoors shaped who I am today. After graduating from Northwest College and the University of Wyoming, I began working at an inpatient drug and alcohol treatment center for adolescent boys. During that time, I discovered my passion for prevention. I loved working with youth and realized I wanted to help kids before they reached the point of addiction. To be

part of the solution that keeps them healthy, supported, and hopeful about their future. Now, I'm grateful to work in prevention, helping young people make positive choices and strengthening the communities that surround them. Outside of work, I enjoy spending time with my family and friends, camping, and soaking up the beautiful Wyoming outdoors. Life is never dull thanks to my two dogs, Murphy and Houston, who always keep things fun and interesting.



talk
they hear you®

BE AN ADVOCATE FOR PREVENTION.

Take the time to have conversations about underage drinking and other drug use.

Make sure kids in your community have opportunities to participate in supportive and engaging activities. Use those times to talk with them about the risks and dangers of alcohol and other drug use. For tips on how—and when—to begin the conversation, visit talktheyhearyou.samhsa.gov

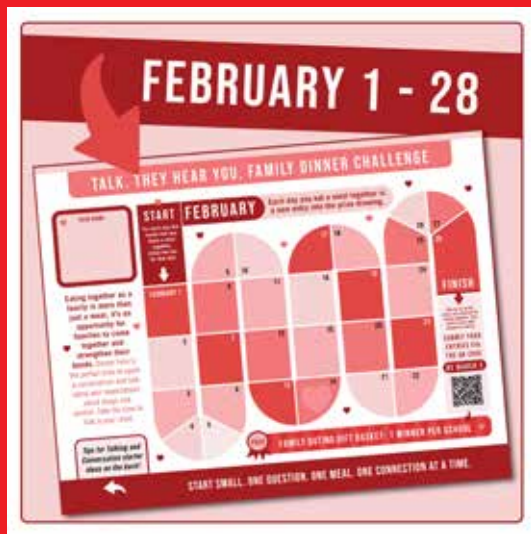


#TalkTheyHearYou

PEP23-03-01-012



FAMILY DINNER CHALLENGE



In February, WPC hosted the “Family Dinner Challenge” for elementary students during the month of February! A game piece was sent home with each student—every meal shared together as a family earns one entry to win a family outing basket. Discussion questions are included to help guide conversations.

The goal is to encourage parents and guardians to talk with their children about expectations regarding drugs and alcohol. For more information, visit our [website](#). *SEE PAGE 9 for the Giveaway Winners!!*

WHAT WE DO:

Every month, community members from all over Washakie County gather together to learn about and find solutions to the substance abuse issues our youth are facing. Our community- focused approach relies on participation, feedback and support from all community members as we work together to impact these issues.

OUR WORK:

In addition, smaller work groups meet when needed to address specific issues or strategies. Strategies have included: parent engagement, faith community engagement, community events, helping youth access healthy activities, data collection, and many more.

JOIN US!

For more information on how to become involved email us at washakiepreventioncoalition@gmail.com

GIVEAWAY WINNERS

FAMILY DINNER CHALLENGE WINNERS

For the month of February, WPC hosted a “Family Dinner Challenge.” The goal was to encourage families to share meals together, spark meaningful conversations, and strengthen relationships—making discussions about expectations around drugs and alcohol feel more natural and comfortable. The focus was on having many small, ongoing conversations rather than one long, overwhelming lecture. Participants could then enter to win a drawing! We were so excited for the amount of participants! Here are our winners!



Mason Jones



Davi Alcaraz



Emily Porter

QPR Trainings

QPR stands for Question, Persuade, and Refer - the three simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR help save lives, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. QPR can be learned in as little as one hour.



OUR MISSION:

To prevent and reduce youth substance abuse and raise awareness for mental health in Washakie County by working together with parents, youth, educators, law enforcement, health and mental health professionals, youth serving organizations, local businesses, and many others who believe in the goal of a drug free community.

OUR VISION:

Washakie County will be a safe and healthy, drug-free community for our youth.



Washakie Prevention Coalition is a community wide group dedicated to the goal of a drug-free community!

JOIN US!

We are here to help. You can too!

CONTACT US!

WashakiePreventionCoalition@gmail.com

WashakiePreventionCoalition.org

801 Big Horn Ave. 2nd floor, Worland, WY 82401

GET IN TOUCH!

Find us on Social Media!



www.facebook.com/WashakiePreventionCoalition



www.instagram.com/washakieprevention

[#washakieprevention](https://www.instagram.com/washakieprevention)

Washakie Prevention Coalition is not affiliated or does not endorse any of the listed services or resources. WPC is providing this gathered information as a community service and resource.