NEWSLETTER



WashakiePreventionCoalition@gmail.com

Sarah Garcia | Sheri Gunderson | Lila Jolley

REMINDER!

Our new office is located at	
801 Big Horn Ave. on the 2nd	floor.
Sarah Garcia, Suite 218,	Phone 307-347-2760
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SPRING 2022 PREVENTION ACTIVITIES



- Training for Sources of Strength
 DFC Walk Planning Meetings
 Ten Sleep Task Force Planning Meeting
 WPC meeting March 17th at 12:00 at the Community Center

APRIL:

- Roll out of Tobacco Cessation Classes and cards
- Ten Sleep Task Force Meeting April 5 at 6:30 at the library
 WPC meeting April 21st at 12:00 at the Community Center
- DFC Walk Planning Meetings
 April 25th W-Club Induction

MAY:

- WPC meeting May 19th at 12:00 at the Community Center
- DFC Walk May 11th
- Ten Sleep Task Force Meeting May 3 at 6:30 at the library

Welcome to Washakie Prevention's Spring 2022 Newsletter

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Danielle Warren, Coalition M	ember
NAME, W-Club Member	
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"It is usually impossible to know when you have prevented an accident."

- Mokokoma Mokhonoana



See this icon in our newsletter? This means there is a clickable link available to view more information!

MEMBER SPOTLIGHT



DANIELLE WARREN Coalition Member

Danielle has been an active member of the coalition, serving on the WPC leadership team and spearheading a new Program for the Worland Middle School called Sources of Strength. She and her husband, Tim Warren (Washakie County School District #1 counselor) spent a week becoming trainers for this program. She is dedicated to figuring out new and innovative ways to reach youth and create a healthy school environment that is free of substances. She is a positive role model and we are lucky to have her working with our youth at Washakie County School District #1.



REECE SANFORD AND CARLY VENABLE W-Club 2021-22

Reece and Carly are juniors at WHS and are both valued members of the W-Club! They both plan on attending CADCA this summer with other members of the prevention coalition and are excited to bring back new ideas and leadership skills to the other W-Club members. Both girls work hard in the classroom and in their numerous activities are amazing role models for the youth in our community!

THANK YOU TO THE FOLLOWING BUSINESSES

We would like to thank these businesses for supporting Washakie Prevention Night: Coffee Cabin, Blairs, Sally's Classic Pizza, Kurt's Karate, Cassidy's Care, Bloedorn. All of these businesses went the extra mile and either handed out flyers in their to-go bags, put flyers on their pizza boxes or coffee sleeves on their cups. We appreciate your support for a drug free community.

Thank you for your support!

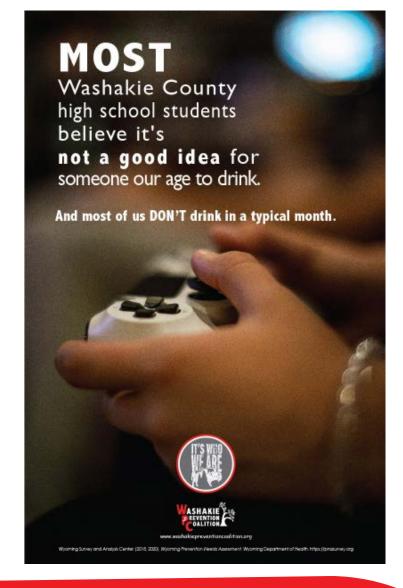
SPRING 2022 HIGHLIGHTS



SOURCES OF STRENGTH - WORLAND MIDDLE SCHOOL

Sources of Strength is an evidence-based practice designed to harness the power of peer social networks to change unhealthy norms and culture, ultimately preventing suicide, bullying, and substance abuse. Sources of Strength moves beyond a risk-focus and utilizes an upstream approach, mobilizing a group of powerful Peer Leaders to spread messages of Hope, Help and Strength throughout their school and community. This upstream model strengthens multiple sources of support (protective factors) around young individuals so that when times get hard, they can leverage their strengths.

The mission of Sources of Strength is to empower a well-world by increasing help-seeking behaviors and promoting connections between peers and caring adults. The program uses a fun-filled style of active learning to encourage open discussion about the very real problems that youth face and what can help. Sources of Strength believes it takes both students and staff working together to create lasting positive impact.





You are invited to join us to show your support of a Drug Free Community!

Washakie Prevention Coalition would like to formally invite you and your business to participate in the Drug Free Community Walk this **May 11, 2022.**

You can participate in any (or all) of these ways;

- 1) Come together as a business and walk on May 11. Every Business in Washakie County is encouraged to participate. Dress in your branded items to represent your business and walk to show your support for our dream of a drug free community for our teens! Encourage all employees to attend and participate together!
- 2) Display a support poster along the path! Your sign should display your business logo and demonstrate your support of local youth. No need to reserve space- simply show up and place your sign at the desired place in the grass along the walking path. Sign size is up to you; however we recommend the sign be at least 11 x 17 for readability. Sign should be freestanding or be able to stake into the grass. Businesses will be responsible for printing, drawing or creating their sign, but if you would like to use our provided template or see example sign ideas, just visit our website at www.washakiepreventioncoalition.org/template
- **3) Donate to our cause!** Donations will be given to the Washakie Prevention Coalition to provide prevention programs in our community.
- 4) Join the Washakie Prevention Coalition! We meet once per month to discuss substance abuse issues and solutions in our county. Anyone is welcome to attend our meetings, and anyone is welcome to become a member. For more information- visit our website at or email us at washakiepreventioncoalition@gmail.com. We hope you will choose to become a part of the solution in Washakie County!

Website: washakiepreventioncoalition.org
Email: washakiepreventioncoalition@gmail.com

Phone: (307-347-9025)

QPR Trainings

QPR stands for Question, Persuade, and Refer - the three simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR help save lives, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. QPR can be learned in as little as one hour.



OUR MISSION:

To prevent and reduce youth substance abuse in Washakie County by working together with parents, youth, educators, law enforcement, health and mental health professionals, youth serving organizations, local businesses, and many others who believe in the goal of a drug free community.

OUR VISION:

Washakie County will be a safe and healthy, drug-free community for our youth.



Click Here TO VIEW OUR WEBSITE

Washakie Prevention Coalition is a community wide group dedicated to the goal of a drug-free community!

JOIN US!

We are here to help. You can too!

CONTACT US!

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GET IN TOUCH!

Find us on Social Media!



www.facebook.com/WashakiePreventionCoalition



www.instagram.com/washakieprevention #washakieprevention

Washakie Prevention Coalition is not affiliated or does not endorse any of the listed services or resources. WPC is providing this gathered information as a community service and resource.