

NEWSLETTER



WashakiePreventionCoalition@gmail.com

Sarah Garcia | Sheri Gunderson | Lila Jolley

REMINDER!

Our new office is located at
801 Big Horn Ave. on the 2nd floor.
Sarah Garcia, Suite 218, Phone 307-347-2760
Sheri Gunderson, Suite 217, Phone 307-347-9406
Lila Jolley, Suite 216, Phone 307-347-9025

WINTER 2021 PREVENTION ACTIVITIES

DECEMBER:

- W-Club Classes with elementary schools
- 16th WPC meeting at the Worland Community Center
- Sources of Strength training at the Middle School
- Start of "It's Who We Are" Campaign



JANUARY:

- 20th WPC meeting at the Worland Community Center
- 29th, 2nd Annual Prevention Night at the Worland vs. Rawlins basketball games

FEBRUARY:

- 17th WPC meeting at the Worland Community Center

CONTENTS

Welcome to Washakie Prevention's Winter 2021-22 newsletter!

NEW OFFICE SPACE1
 WINTER EVENTS.....1
 MEMBER SPOTLIGHT.....2
 John Burns, Coalition Member
 Gavin Schneider, W-Club Member
 Sector, Washakie Law Enforcement
 FALL 2021 HIGHLIGHTS..... 3-5
 Vision - Mission5



Treatment without prevention is simply unsustainable.

- Bill Gates



See this icon in our newsletter? This means there is a clickable link available to view more information!

MEMBER SPOTLIGHT



JOHN BURNS
Coalition Member

John has been an active coalition member. Not only is John a full time pastor for the CrossPoint Baptist Church; he is also a volunteer wrestling coach, member of the Washakie County Activity Pass Board and active in the USA wrestling program. He has devoted numerous hours related to substance abuse prevention in this community. John and his wife Amy have five children in Washakie County School District and his wife works as the registrar at the high school. We appreciate all of his hard work and dedication to the cause.



GAVIN SCHNEIDER
W-Club 2021-22

Gavin Schneider is a senior at WHS. He is involved in W-Club, Marching Band, National Honors Society, FBLA and soccer. He does all this while maintaining a 4.0 GPA! Gavin does a wonderful job when he goes to the elementary schools with the W-club and has been an outstanding role model to our youth and his peers!

WASHAKIE COUNTY SHERIFF DEPARTMENT AND WORLAND POLICE DEPARTMENT Law Enforcement Sector Report

The Washakie County Sheriff's Department and the Worland Police Department have been essential partners in the effort of substance abuse prevention. They are always willing and ready to present at a meeting, give insight into community norms, participate in events hosted by the WPC and support any efforts the WPC is working on. We would not be an effective coalition without their efforts. We appreciate all they do for this community and look forward to continuing to work with them in the future.



“It’s Who We Are” Campaign

The Washakie County Prevention Coalition is launching the “It’s Who We Are” campaign to work toward reducing underage drinking among Washakie County high school students. The “It’s Who We Are” campaign emphasizes the healthy beliefs and behaviors (known as “positive norms”) teens have about underage drinking and seeks to correct misperceptions that teens have about their peers’ use of alcohol.

The campaign highlights the fact that most teens in Washakie County are already making healthy choices. It is this knowledge that will empower youth to continue their healthy lifestyles. Campaign messages are positive, creative, and focused specifically on Washakie County youth.

Recent findings from the 2020 WY Prevention Needs Assessment (PNA) show that MOST Washakie County high school students are making healthy choices when it comes to underage drinking. MOST (66%) Washakie County high school students DON’T drink alcohol in a typical month. MOST Washakie County high school students believe it’s not a good idea for someone their age to drink.

Although most students are making healthy decisions about not drinking alcohol, the risks and negative consequences for students who do can be devastating. Unfortunately, many students misperceive the fact that most of their peers are not drinking alcohol. In fact, 84% of high school students perceive that most students in their school

have consumed alcohol in the past 30 days, when in fact, most have not. When teens overestimate the number of their peers engaging in a risky behavior (i.e., underage drinking), they are more likely to engage in that risky behavior. The “It’s Who We Are” campaign was developed to correct these misperceptions and reduce underage drinking among Washakie high school students.

Campaign media will be placed primarily in Worland and Ten Sleep High Schools but will also be present throughout the county. The campaign features posters, video and radio ads, school banners, and other media highlighting the healthy beliefs and behaviors of our high school students. Opportunities for community conversations on reducing underage drinking will take place throughout the coming year. To learn more about the “It’s Who We Are” campaign, please visit www.washakiepreventioncoalition.org.

Reference: Wyoming Survey and Analysis Center. (2018, 2020). Wyoming Prevention Needs Assessment. Wyoming Department of Health. <https://pnasurvey.org>



Be Responsible with your Prescriptions!

Prescription drug abuse and accidental poisoning is on the rise in the US. It is important to properly store and safely dispose of your unused prescription drugs!

Specialized Drug Disposal Bags - Detera bags - are available FREE of charge at your local pharmacy. They are safe and easy to use.

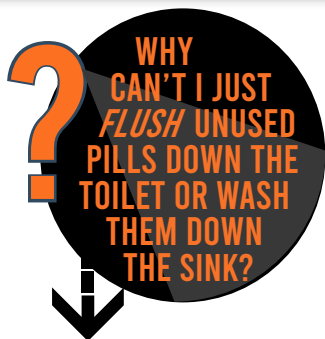
There is also a local drug drop-off located at the Washakie County Sheriff's office. Just enclose your unused medications in a ziplock bag before inserting them in the drop box and they will be disposed of free of charge.

For questions on drug disposal in Washakie County visit www.washakiepreventioncoalition.org



Remember to store all medications up and out of sight with lids tightly closed!

SAFE DISPOSAL OF UNUSED PRESCRIPTION DRUGS IS SO IMPORTANT!



DON'T FLUSH UNUSED PILLS DOWN THE TOILET, SINK, OR DRAIN!



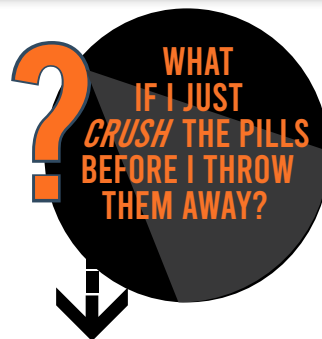
Medications in pipes can damage your plumbing! Prescription drugs in our water systems, lakes and streams can have negative effects on humans, animals, and plants.



DON'T THROW UNUSED PILLS OR MEDICATION IN THE TRASH!



Prescription drugs in our landfills are affecting our environment in very negative ways. Animals or even humans can be exposed to deadly chemicals in our landfills.



DON'T CRUSH UNUSED PRESCRIPTION DRUGS!



Crushing any prescription can expose you and/or loved ones to harmful fumes or can provide a medium easier to ingest for children or pets.



DO PROPERLY DISPOSE OF UNUSED MEDICATIONS!

Unused prescriptions can allow for accidental poisoning or theft of Rx drugs. Drugs have an expiration date - when prescribed they are for a specific reason, you should never self medicate with rx drugs.

QPR Trainings

QPR stands for Question, Persuade, and Refer - the three simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR help save lives, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. QPR can be learned in as little as one hour.



OUR MISSION:

To prevent and reduce youth substance abuse in Washakie County by working together with parents, youth, educators, law enforcement, health and mental health professionals, youth serving organizations, local businesses, and many others who believe in the goal of a drug free community.

OUR VISION:

Washakie County will be a safe and healthy, drug-free community for our youth.



Washakie Prevention Coalition is a community wide group dedicated to the goal of a drug-free community!

JOIN US!

We are here to help. You can too!

CONTACT US!

WashakiePreventionCoalition@gmail.com

WashakiePreventionCoalition.org

Worland, WY 82401

GET IN TOUCH!

Find us on Social Media!



www.facebook.com/WashakiePreventionCoalition



www.instagram.com/washakieprevention

[#washakieprevention](https://www.instagram.com/washakieprevention)

Washakie Prevention Coalition is not affiliated or does not endorse any of the listed services or resources. WPC is providing this gathered information as a community service and resource.